



# **St. Mary's College (Autonomous),**

**Re-Accredited with A grade by NAAC - 4th Cycle**

**Thoothukudi, Tamil Nadu, India**

## **NCC REPORT (2021-2022)**

National Cadet Corps in St. Mary's unit inculcates unity & discipline among the cadets. It develops character, courage and comradeship to build a better India. It instills a spirit of selfless service to mankind through various social service activities and guides the people with awareness programmes.

A National Webinar on "Well Being Amidst COVID- 19" was organised on 22nd May, 2021. Mr. Sreejesh OV, Founder and Clinical Counsellor, Peace Hub Foundation, Kerala is the resource person. Around 964 participants like NCC cadets, ANOs and their family members actively participated in it and gave fantastic feedback because this was about spending one's time usefully in lockdown at home and also gave tips to keep oneself emotionally balanced during the lockdown period.



**UO. Chelestin Thesi, the guard commander  
was applauded by the  
Group Commander**

On 21st June, 2021, the International Day of Yoga, our NCC unit along with college Yoga Team organised an online yoga quiz test for the NCC cadets and second year students of our college..An Webinar was organised along with the Physical Education department on the topic "Yoga for Health and Well Being" at 3 p.m. Dr. A. Selvalakshmi, Asst. Prof. & Head (I/c) of Yoga, Tamil Nadu Physical Education and Sports University, Chennai is the resource person. Then NCC cadets exclusively prepared a Vlog with their 60 yoga videos on the same day.





### **Yoga For All – International Yoga Day Event**

Many NCC activities and events were organised through online mode because of the second wave of COVID – 19. This year our cadets downloaded many apps recommended by DGNCC and uploaded and posted their activities in it like DGNCC App, Rashtragaan, Fit India Pledge, Fit India Freedom Run. All the 60 second and third year NCC cadets participated in all these activities in the month of July, August and September. They also took part in various pledge taking activities and online creative and cultural competitions and got many e certificates to their credit. On 3rd September, 2021 COVID - 19 vaccination drive was conducted for our college students and it organised by the NCC unit. 43 students and 5 teachers got vaccinated on that day.



**Madurai Group Commander honoured UO.  
Chelestin Thesi**



**COVID-19 Vaccine Drive**

Seven cadets got selected for RDC – IUC training programme which was conducted for ten days randomly in the month of August. UO. L. Blessy and UO. U. Chelestin Thesi of III English and Sgt. S. Bhuvanaa of II English attended RDC - IUC from 23.09.2021 to 02.10.2021 held at NTA, Idaiyapatti. UO. Chelestin Thesi of III English got selected for RDC - IGC which was held at NTA, Idaiyapatti from 03.10.2021 – 12.10.2021.



**Dr. Sr. A.S.J. Lucia Rose, the Principal inaugurated the Awareness Campaign**



### **Creating Awareness and Distribution of Masks to Public**

NCC unit organised online Elocution and Essay Writing competitions on 2nd October, 2021, Gandhi Jayanthi for the NCC cadets of Thoothukudi region. Totally, 126 JW, SW & SD cadets participated in the competitions. On 4th October, 2021 an Awareness Campaign on COVID – 19 was organised by IIC and NCC unit in front of our college. Dr. Sr. A.S.J. Lucia Rose inaugurated the awareness programme. 1000 handmade masks were distributed to the Public by IIC. NCC unit sponsored 1000 notice papers insisting the people to follow SOP. NCC cadets gave 50 hand sanitizers to the people of Threspuram area on the same afternoon as part of Awareness Campaign. Thirty cadets actively participated in this campaigning and distribution.





### **Painting Competition for Social Harmony Events**



On 11th October, 2021 a painting competition on "Peace and Unity" was conducted to our NCC cadets in view of the conduct of social harmony events. Thirty six cadets participated in the competition held in our college campus. Cdt. Kiruthika of I Commerce won the first prize. On 12th October, 2021, fifty NCC cadets participated in the Human Rights Programme in the college auditorium organised by Human Rights forum, YRC and NCC unit.

### **Our Commander appreciated U.O. Blessy during Guard of Honour**



In the month of November, 2021 a twelve day cadre camp for the second year and third year NCC cadets was organised from 22nd November to 3rd December at Sri Sarada College, Tirunelveli. Sgt. S. Bhuvanaa of II English won the first prize in the theory exam among all the "B" certificate cadets. UO. ChelestinThesi of III English was awarded as the best guard commander in our battalion and was also appreciated by Madurai Group Commander. UO. Blessy was also awarded as the best senior in our Battalion camp.



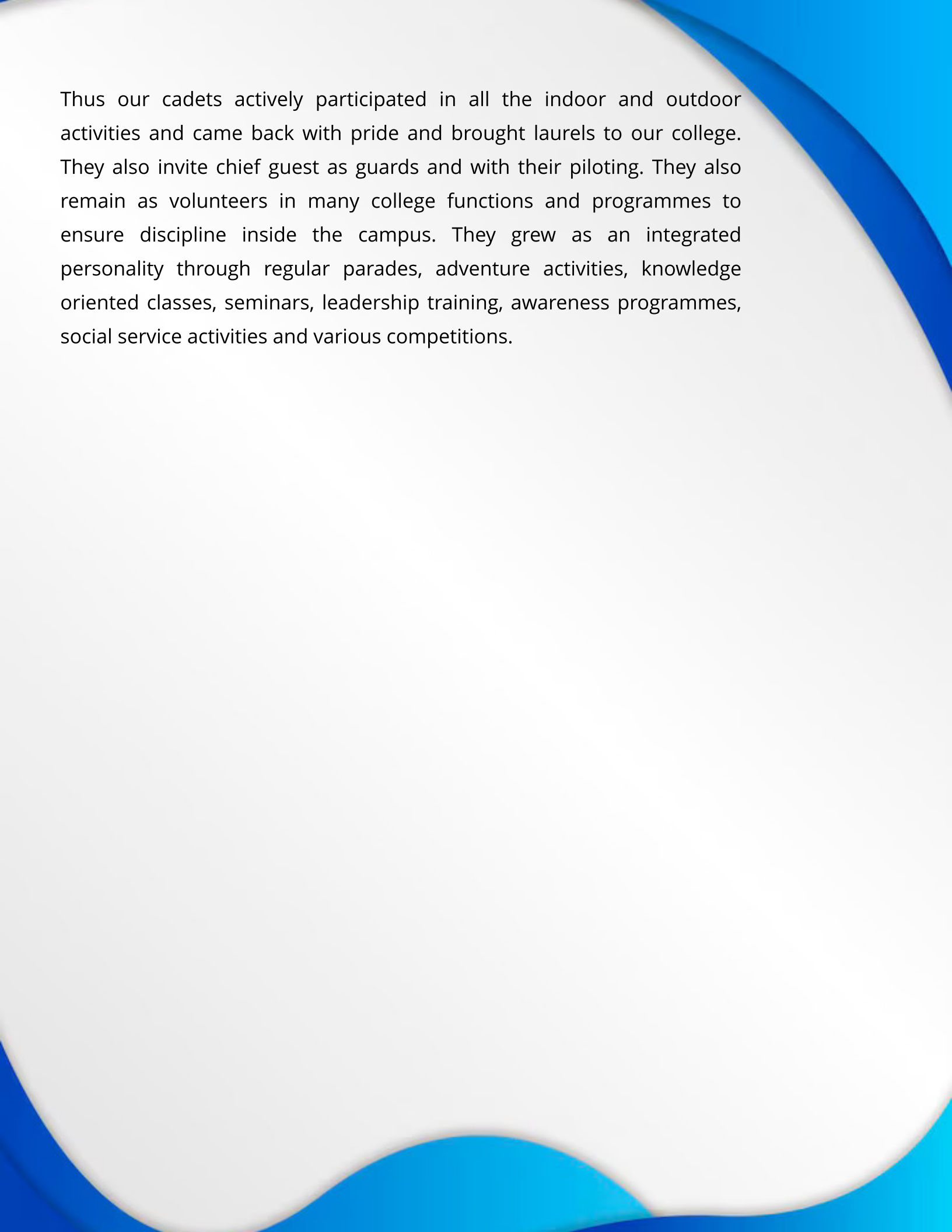
### **Weapon Training: Assembling and Disassembling of Rifle**

Cpl. Kamaladharshini of II Maths was selected for Basic Leadership Camp by our Commanding officer. She also attended national level ALC camp (Advanced Leadership Camp) at Coimbatore from 25th November to 5th December, 2021. She won prizes in group discussion and dance competition with her active and vibrant participation. First year cadets were given firing practice and few of them fired well and were selected for the forthcoming TSC camps. Cdt. Snowlin Ramani of II Commerce and Cdt. Hannah Jaflet Antonika of II English got shortlisted for the next level of national level Shooting Competition.

### **Tree Plantation Activity**



On 16th December, our cadets commemorated Vijay Diwas by conducting online debate competitions on the topic "Which makes the people to join Armed Forces: Patriotism or Employment" to the SW cadets of the battalion. All the nine colleges participated enthusiastically. Our cadets also involved in tree plantation activities on the same day. Our cadets had their cadre camp on 28th February, 2022, they were trained for their B and C certificate examinations. This year 32 cadets from second year attended B certificate and 15 cadets appeared in their C certificate examination successfully. During the "C" certificate examination Army Officers commented our students as best cadets. They also motivated and guided our students to enter the armed forces of our country.

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Thus our cadets actively participated in all the indoor and outdoor activities and came back with pride and brought laurels to our college. They also invite chief guest as guards and with their piloting. They also remain as volunteers in many college functions and programmes to ensure discipline inside the campus. They grew as an integrated personality through regular parades, adventure activities, knowledge oriented classes, seminars, leadership training, awareness programmes, social service activities and various competitions.