

St. Mary's College (Autonomous), Re-Accredited with A grade by NAAC - 4th Cycle Thoothukudi, Tamil Nadu, India NCC REPORT (2022-2023)

41 cadets from first and second years attended Combined Annual Training Camp (CATC) from 1stMay to 10thMay 2022 at Sarah Tucker College, Tirunelveli. This is the selection camp for the forthcoming RDC and TSC camps. Seven of our cadets got selected for next level RDC camps and two got selected for TSC camps. Sgt. S. Bhuvanaa of II English won the first prize in individual drill competition and also in Best Cadet competition and brought laurels to our college. Sgt. Kamaladharshini of II Maths got selected as Best Cadet category under TSC. Cpl. Magdalena of II Commerce got selected for firing category under TSC. NCCcadets actively participated in all the activities of the camp and also won prizes in cultural competitions. Sgt. Arney Infancia of III English attended the EBSB camp at Praygarha in Utter Pradesh in June 2022.

On 21st June, 2022, the International Day of Yoga day events are conducted by our NCC unit along with the college Yoga Team and organised an online yoga quiz test for the NCC cadets and second year students of our college. Then, a common online yoga practical session "Yoga for All" was done by our college students and teachers for 30 minutes. An Webinar was organised along with the Physical Education department on the topic "Yoga for Health and Well Being" at 3 p.m. Dr. N. Sethu, Asst. Prof., Department of Physical Department, MSU University, Tirunelveli is the resource person. Then NCC cadets exclusively prepared a Vlog with videos50 yoga videos on the same day.





NCC unit organised "Azadi Ka Mahotsav" Competitions on 15thAugust 2022 for our college NCC cadets. They also did parade during the flag hoisting on the Independence Day. 65 cadets participated in an Awareness Campaign on Each One, Teach One on 5th September, 2022 and distributed 200 notebooks and pens to the students of St. Joseph's School, Cruzpurum, Thoothukudi.





A team of 35 cadets along with APC college cadets and P.I staff members involved in beach cleaning activity and handed over 1 tonne plastic wastes to the Thoothukudi Corporation on 30th September 2022 under Punit Sagar Abhiyan Scheme and was appreciated by the Thoothukudi Commissioner.

12 cadets attended CATC camp at NTA, Idaiyapatti from 26th October to 3rd November and won few prizes in cultural and drill competitions. At present, 14 and 32 cadets are eligible to appear for C and B certificate examinations which is to be held by February 2023.