



ST. MARY'S COLLEGE (AUTONOMOUS)

(Re- Accredited with 'A+' Grade by NAAC – 4th Cycle)

Thoothukudi- 628001. Tamil Nadu. India

(Affiliated to Manonmaniam Sundaranar University, Tirunelveli)

Report of N. S. S Activities for the year 2020-2021

(Units 66, 67, 129 & 130)

National Service Scheme is introduced in our college with the prime objective of infusing the spirit of selfless service to the poor and the needy in the juveniles. “Not Me but You” being the motto of NSS, the tender minds are groomed and trained to nurture the underprivileged and marginalized sections of the society and uphold nation building. The NSS units of St. Mary's College strive to realize this with much focus and grit with well planned awareness campaigns and drives. The four units – 66, 67, 129 & 130 of NSS develop a sense of social and civic responsibility among students. Camps, social awareness talks and visits to the underprivileged create an enriching concern for humanity among the students.

The NSS units of St. Mary's college kick started the academic year with an online Quiz on 13th July 2020 on “NSS and Important Days” to make the students aware of NSS, its motto and the national and international days to be observed.

On 15th August 2020 a webinar on “Role of Youth in Social Development” was organised. Dr. R. Princee, Assistant Professor of English, St. Xavier's College, Palayamkotai, served as the resource person and insisted on the need of youth's participation in the social development of a nation.



What?	Why?	Problems
UN 15 to 24 years Youth is the joy, the little bird that has broken out of the eggs and is eagerly waiting to spread out its wings in the open sky of freedom and hope – Henry James	<ul style="list-style-type: none"> • Energetic • Passionate • Competitive 	<ul style="list-style-type: none"> • Impulsive • Impatient • Unable to take critical decisions

On 19 November 2020, an Orientation was given to the newly enrolled NSS volunteers to chisel and involve them in voluntary services. Due to the spread of Covid 19, the N.S.S Volunteers actively involved themselves in taking thermal power scanning at the entrance of the college in order to detect the students' temperature as a precautionary step and provided hand sanitizers. This is a daily practice done by the N.S.S volunteers.



Thermal Power Scanning in the campus

On January 20, 2021 various competitions such as essay writing, slogan writing and poster making were conducted for the students on the topic COVID 19 in order to give awareness about Corona virus and its heavy toll. The following students were the winners.

Essay Writing:

I Prize - F. Vesta Serapha (I B. A English)

II Prize - A. Melciya Ancilin (IB. Sc. Physics)

Slogan Writing: I Prize – M. Apshan (II B. A English)

Poster Making: I Prize – A. Apigsha (II B. A English)

II Prize – D. Bavani (II B. A English)

A cancer awareness programme was organised on 22 February 2021 with an objective to safeguard women from cancer especially breast cancer as early diagnosis is the most effective way to reduce morbidity and mortality of breast cancer. Considering that breast cancer is the most common type of cancer among women with an increasing incidence, there is a need to develop community-based, well-organized screening programs for breast cancer. Dr R. Synthia Saroja BSMS, Screening Medical Officer in Nellai Cancer Care Centre at Tirunelveli addressed all the I UG students on “cancer awareness” and emphasized the need to protect them by taking precautionary methods.





Cancer Awareness speech in Auditorium on 22 Feb. 2021

The NSS Units (66, 67, 129 & 130) organised a free medical camp in collaboration with the Centre for Eco Feminine Excellence of the college under the guidance of the principal Rev.Dr. Sr. A.S.J Lucia Rose on 8th March 2021.

Keeping in mind the good health of the women during this pandemic period, the free medical check up was conducted by Be-Well Hospital on the auspicious occasion of International Women's Day on 8th March. The medical check up included healthy devices like,

1. General physical examination.
2. Ophthalmologist consultation.
3. BMI and Glucose checkup.

The doctors who rendered their great service to the college were Dr.Jeffie M.B.B.S, Dr.Shalini M.B.B.S and Dr.Rajesh from Agarwal hospital accompanied by staff nurses and the manager and Marketing executive of Be-Well hospital. All the second year UG students participated in this camp and benefited from the free medical services provided by the Be-Well hospital.





மற்றும் ஏராளம்
யிகள் கலந்து கொண்டனர்.

பொது மருத்துவ முகாம்

தூத்துக்குடி, மார்ச்.10-
தூத்துக்குடி தாய மரியன்னை
மகளிர் கல்லூரி சுற்றுச்சூழல்
மேலாண்மைமையம் மற்றும்
நாட்டு நலப்பணித்திட்டம்
சார்பில் பொதுமருத்துவ
முகாம் நடந்தது. முகாமை
கல்லூரி முதல்வர் லூசியா
ரோஸ் தொடங்கி வைத்தார்.
டாக்டர்கள் ஷாலினி, ஜெபி,
ராஜேஷ் ஆகியோர் கலந்து
கொண்டு பரிசோதனை மேற்
கொண்டனர். முகாமில் கல்
லூரி மாணவிகள், பேராசிரி
யைகள் கலந்து கொண்டு
தூத்துக்குடி பரிசோதனை
செய்து கொண்டனர்.



Medical Camp in Star Hall on Women's Day on 8 March 2021

To commemorate 75 years of Indian Independence, an e-quiz on India's freedom struggle was organized on 12 March 2021 to give awareness about Indian leaders' contribution to India's freedom.

In order to safeguard water and give awareness about the significance of water and celebrate World Water Day on 22nd March 2021, a meeting was convened for the I Year students with the theme "valuing water" Dr. Shivakumar, Head and Assistant Professor of Tamil, Kamaraj College, Thoothukudi addressed the students on "The preservation of water".





World Water Day Celebration in Star Hall on 22 March 2021

To emphasize voting as a constitutional right and remove the negative attitude “my vote doesn’t make a difference” and give awareness on 100 percent voting, a voters’ awareness virtual meeting was organized for the II year students on 23 rd March 2021. The resource person of the session Mr. K. Ganesan, a social worker cum District Secretary of Consumer Protection Council gave an address on “Voting Rights”.