

St. Mary's College (Autonomous)

Department of Physical Education

2018 – 2019

NATIONAL LEVEL TOURNAMENTS :

In the National Level Boxing Championship which was held in Haryana from the 10th to 12th of August 2018, s K.Raj Priya Dharshini of I B.Com and B.Sharine Shibi of I Micro Biology participated.



K.Krishnaveni of III B. A. Economics participated in the National Level Taekwondo Championship which was held at Government Mahakoshal Arts and Commerce College, Jabalpur from the 18th to 22nd of September 2018.

M. Preethika of II B.Sc Microbiology and G. Vijayalakshmi of II B.Com participated in the Junior and Cadet National Kurash Championship held at the department of youth empowerment and sports stadium, Belgavin from the 15th to 18th of October 2018.

K. Iswarya of I B.A. Economics participated in the National Level Taekwondo Championship which was held at Nehru Indoor Stadium, s Karnataka from the 4th to 9th of December 2018.

K. Kanagavalli of II B. A. History won the Gold Medal M. Micheal Princiya of II B. A. Economics secured the Silver Medal in the South India Weight Lifting Championship held at Nehru College of Arts And Science, Coimbatore from 15th to 17th February 2019.



OUT STANDING STUDENTS :

A.Mary Thangam of III B.Sc. Maths participated in the All India Inter University Cross Country Race which was held at Gulberga University, Karnataka on the 4th of October 2018.

K.Saranya of II M.A.Economics and J.Berthin of III B.Com participated in the South Zone Inter University Foot ball Tournament which was held at Sathayabama Institute & Technology, Chennai from the 12th to 15th of October 2018.

A.Subashini of II M.H.R.M, E.Manju of III B.Sc. Physics and T.Muthuselvi of III B.A.History participated in the South Zone Inter University Kho- Kho Tournament which was held at Mangalore University Karnataka from the 15th to 18th of October 2018.

R.Ramya of III B.Sc Botany, P.Antony Thanga Sathana of II B.A.Economics, J.Reena Josphine Pearl of I B.A.English, T.Veera Santhiya of I B.Sc.Zoology and A.Micheal Ebina of I B.A.Economics participated in the South Zone Inter University Volley ball Tournament which was held at K.L.University, Andhra Pradesh from the 27th to 31st of October 2018.

K.Kirutika of III B.Sc. Chemistry participated in the South Zone Inter University Basket ball Tournament which was held at S.R.M. University , Chennai from the 4th to 8th of November 2018.

B.Jeya Parvathi of II M.A.Economics and A.Subashini of II M.H.R.M participated in the South Zone Inter University Basket ball Tournament which was held at Bengaluru North University, Karnataka from the 12th to 14th of November 2018.

M.Maheshwari of III B.A Economics and S.Pricilla of III B.Com participated in the South Zone Inter University Hockey Tournament which was held at Alagappa University, Karaikudi from the 28th of November to the 2nd of December 2018.

J. Chitra Jothi of III B.B.A and N.Everistta III Maths participated in the South Zone Inter University Badminton Tournament which was held at Vellore Institute of Technology, Vellore from the 4th to 8th of December 2018.

J.Jelsi of II B.A.English participated in the South Zone Inter University Ball badminton Tournament which was held at Krishna University, Andhra Pradesh from the 9th to 13th of January 2019.

L. Stella of I M.A.English, R. Suba Rani of I M. Com, and A. Silvia of III B. A. English participated in the South Zone Inter University Table Tennis Tournament which was held at S. R. M. University, Chennai from the 12th to 14th of February 2019.

K. Kanagavalli of II B. A. History won the Gold Medal M. Micheal Princiya of II B. A. Economics secured the Silver Medal in the South India Weight Lifting Championship held at Nehru College of Arts And Science, Coimbatore from 15th to 17th February 2019.

Inter Collegiate Tournaments :

Our students participated in the following tournaments

1. The Inter Collegiate Chess Tournaments - conducted at M.S.University, Tirunelveli on the 13th and 14th of August 2018.
2. The Basket Ball Tournament - conducted at Sri Parasakthi College, Courtallam on the 6th and 7th of September 2018.
3. The Table Tennis Tournament - conducted at Sri Parasakthi College, Courtallam on the 6th and 7th of September 2018 and blocked the I place.



4. The Hand ball and Ball Badminton Tournaments - conducted at A.P.C.Mahalakshmi College, Thoothukudi from the 10th to 12th of September 2018 and secured the II Place in Hand ball.
5. The Kabaddi Tournament - conducted at V. O.C. College, Thoothukudi on the 14th and 15th of September 2018 and clinched the II place.
6. Football Tournament - conducted at M.S.University, Tirunelveli from the 18th to 20th of September 2018 and stood IV.



6. The Cross Country Race - conducted at Manonmaniam Sundaranar University Tirunelveli on 22nd of September 2018 and bagged the II place.



7. The Hockey Tournament - conducted at Sarah Tuckker College, Tirunelveli from the 27th to 29th of September 2018 and won the III place.
8. The Weight Lifting Championship - conducted at T.D.M.N.S. College, Valliyoor, on the 1st of October 2018 and bagged the II Place.



9. The Volleyball and Badminton Tournaments conducted at St.Mary's College Thoothukudi, from the 3rd to 5th of October 2018 we blocked I place in Volleball and III Place in Badminton.



10. The Kho - Kho Tournament - conducted and secured the I place.
11. Our college holds up the overall shield in the 27th of October 2018 for the last 27 years.
- Our college stood II in the 29th Athletic meet held at St. Mary's College Thoothukudi from the 24th to 26th of October 2018 and Sureka of II B secured I place in 100 mts dash and III place in 200 mts dash.





13. *F. Queen Roke Jenifer of III B.Com won the III Place in 200 mts dash.

* R.Jeya Nisha Sweety of I B.B.A clinched the Gold Medal in 100 mts Hurdles and the Bronze Medal in 400 mts Hurdles.

* B. Jeya Parvathi of II M.A.Economics won the Silver medal in Pole Vault.

*K.Karpaga Nandhini of I B.A. Economics bagged the Silver Medal in Heptathlon.

*Our Relay team secured the III place in 4 X 100mts Relay.

STATE LEVEL ATHLETIC MEET :

In the State Level Athletic Meet Conducted at Nehru Stadium, Chennai from the 17th to 19th of August 2018 A.Mary Thangam of III B.Sc. Maths, T.MuthuSelvi of III B.A.History, R.Jeya Nisha Sweety of I B.B.A. participated and J.Sureka of II B.A.English won the bronze medal in 200 mts dash.

STATE LEVEL TOURNAMENTS :

In the state Level Taekwondo Championship held at National College, Trichy from the 29th of June to the 2nd of July 2018 K.Krishnaveni of III B.A.Economics secured the I place.

K.Iswarya of I B.A.Economics participated in the state Level Taekwondo Championship held at National College, Trichy from the 29th of June to the 2nd of July 2018.

P.Sahaya Preethi of II M.A.English, K.Saranya of II M.A.Economics J.Berthin of III B.Com participated in the State Level Foot ball Selection Trials held at Nehru Park Ground, Chennai from the 17th of August to the 19th of August 2018.

J.Catherine Tehila of I M.A.English participated in the State Level WUSU Championship held in Coimbatore on the 25th and 26th of August 2018.

J.Jelcia of I B.A.Economics and J.Catherine Tehila of I M.A.English participated in the State Level Weight Lifting Championship held at Shanmugavel Mahal , Palani on the 14th and 15th of September 2018 and the former bagged the III Place.



K.Kanagavalli of II B.A.History Secured the II place in the State Level Weight Lifting Championship held at Tirunelveli on the 13th of October 2018.

J.Reena Josephine Pearl of I B.A.English and T.Veera Santhiya of I B.Sc. Zoology participated in the State Level Volley Ball Tournament which was held at Nehru Stadium, Chennai from the 7th to 10th of December 2018.

J. Jelsi of II B.A. English Participated in the State Level C.M.Trophy held at St.Joseph College Semmangeri (Kanchipuram District) from 15th to 17th February 2019.

S.Ubahara Nimmi of III Economics, K. Kiuthika of III B.Sc.Chemistry, T. Muthu Selvi of III B. A. History, M. Maheshwari of III B. A. Economics, P.Antony Thanga Sathana of II B.A. Economics, R. Maria Prasanna of II B. A. History R.Jeniba Sibi of I B. A. English Participated in the State Level C.M.Trophy held at Seran Vidhyalaya Matric Higher Secondary School , Chinnalampatti (Dindugal District) from 17th to 19th February 2019.

K. Kanagavalli of II B. A. History, M. Micheal Princiya of II B. A. Economics Participated in the State Level C.M.Trophy held at S. D..A. T. Stadium Arcot (Vellore District) from 17th to 19th February 2019.

J. K. Jebita Packiavathy of III B. A. English P.Antony Thanga Sathana of II B.A. Economics, R.Leena Josephine Pearl I B. A. English, T.Veera Santhiya of I B. Sc.Zoology, A.Micheal Ebina of I B.A. Economics Participated in the State Level C.M.Trophy held at Nehru Stadium Chennai from 23rd to 25th February 2019

M.Mari Gowsalya of III B. A. History, M. Muthu Lakshmi of II B.Sc. Botany, A.Maha Lakshmi and D. Karpaga Nandhini of I B. A. Economics Participated in the State Level C.M.Trophy held at K. S.R. College of Engineering Tiruchenkodu (Namakkal District) from 23rd to 25th February 2019

MUTA ATHLETIC MEET :



The following students are the prize winners in the MUTA Athletic Meet held at V.O.C. College, Thoothukudi on the 8th and 9th of September 2018.

1. A.Mary Thangam of III B.Sc.Maths –II Place in 400 mts and 100 mts
2. A.Snowber of I B.A.Economics –II Place in Long Jump and III place in 100 mts.
3. R.Jweya Nisha Sweety of I B.B.A – I Place in 100 mts Hurdles and III place in 400 mts
4. Our Relay team bagged the II Place in the 4X100 mts Relay.

DISTRICT LEVEL TOURNAMENTS :

1. In the District Level Taekwondo Championship Conducted at S.D.A.T.Stadium, Thoothukudi on 19th August 2018, K. Iswarya of I B.A. Economics and K. Krishnaveni of III B. A. Economics secured the I place.
2. In the District Level Foot Ball Selection Trials conducted at Anna Stadium, Palayamkottai on the 11th of August 2018, P.Sahaya Preethi of II M.A.English, K.Saranya of II M.A. Economics, J.Cathrine Tehila of I M.A.English and J.Berthin of III B.Com participated.
3. In the district level Volley ball Tournament held at Tharuvaikulam 29th September and 1st October 2018, our students bagged the I place and received the Cash Award of R.s. 5,000. R. Leena Josephine Pearl of I B.A. English received a Trophy as a best player. In the District Level Beach kabaddi, football and volleyball Tournaments held at Pearl city Beach on the 1st of November 2018, our college secured the II Place.
4. In the district level honourable CM trophy held at S.D.A.T.Stadium, Thoothukudi on the 31st of January 2019, our students bagged the II place in volley ball and the III place in handball.
5. In the district level Kabaddi Tournament held at Tiruchendur from 1st to 3rd March the 2019, our students bagged the II place and received the Cash Award of R.s. 30,000.
6. In the district level Volley ball Tournament held at Vallioor 10th March the 2019, our students bagged the III place and received the Cash Award of R.s. 6,000. R. Leena Josephine Pearl of I B.A. English and A. Micheal Ebina of I B. A. Economics received 1g.m of Gold Coin as a best players.

DISTRICT LEVEL ATHLETIC MEET :

The following students are the prize winners in the District level Selection Trials held at S.D.A.T.Stadium on July 19th 2018.

1. A.Mary Thangam– I Place in 400 mts
2. T.Muthu Selvi– I Place in 1500 mts

3. J.Sureka— I Place in 100 mts
4. P.Antony Thanga Sathana— I Place in High Jump
5. A.Agnes— I Place in Javelin Throw and Discus Throw
6. K.Kiruba Thangam— I Place in Long Jump
7. E.Manju— II Place in High Jump and 400 mts
8. A.Micheal Ebina – II Place in Discus Throw
9. K.Karpaga Nandhini — II Place in Long Jump and triple jump
10. R.Mariya Jenifa– II Place in 100 mts
11. R.Ramya– III Place in High Jump
12. A. Micheal Ebina– III Place in Shot Put
13. J.PriyaDharshini –III Place in Long Jump
14. M.Mari Gowsalya –III Place in Shot Put
15. R.Mariya Jenifa– III Place in Discus Throw
16. A.Maria Arockia Aarthy– III Place in 100 mts
17. A.Snowber –III Place in Long Jump
18. D. Karpaga Nandhini –III Place in High Jump

The following students are the prize winners in the District Level Athletic Meet held at S.D.A.T.Stadium, Thoothukudi on 28th August 2018.

1. P.Antony Thanga Sathana –I Place in Javeline
2. J.Sureka –I Place in 100mts
3. T.MuthuSelvi– II Place in 50 mts Free Style & 50 mts Back Stroke
4. V.Pavithra –III Place in Shot Put
5. A.Snowber- III Place in Long Jump
6. A.Micheal Ebina –III Place in Shot Put

The following students are the prize winners in the honourable CM trophy Athletic Meet held at S.D.A.T.Stadium, Thoothukudi on 31st January 2019.

1. A.Mary Thangam - I Place in 100mts hurdles
2. J. Sureka – I Place in 100mts
3. P. Antony Thanga Sathana – III Place in Javeline

M. Michael Princiya and K. Kanagavalli blocked the I Place in the honourable CM trophy Weight Lifting Tournament held at S.D.A.T.Stadium, Thoothukudi on 31st January

On 9th Feb 2019 we organised Sports Day in our campus.



Dr. Sr. Lucia Rose Chief Guest in the State Level Basket Ball Tournament held at S.D.A.T. Stadium, Thoothukudi on 21.07.2019.



GET TO GATHER :

