

St. Mary's College (Autonomous)

Department of Physical Education

2019 – 2020

NATIONAL LEVEL TOURNAMENTS :

In the Inter National Level Taekwondo Championship which was held at Hyderabad from the 11th to 16th of June 2019 K. Iswarya of III B. A. Economics participated.



In the All India Inter University Championship was held at Manonmanium Sundaranar University, Tirunelveli from 27.01.2020 to 30.01.2020 K. Kanagavlli of III B. A. History, M. Micheal Princiya of III B. A. Economics, T. Jelciya of II B. A. Economics, P. Anantha Jothi of I B. Sc. Botany were participated.

SOUTH ZONE INTER UNIVERSITY TOURNAMENTS :

E. Manju of I M.Sc. Physics participated in the South Zone Inter University Kho – Kho which was held at Dr. B.R.Ambedkar University, Andhra Pradesh from 3rd September to 5th September 2019.



M. Mari Gowsalya of I M.A. History M.Jenowin of I B.Sc Zoology P. Anantha Jothi of I B.Sc Botany L. Murugananthi of I B. Com participated in the South Zone Inter University Kabaddi which was held at Vel Tech University, Chennai from 3rd September to 6th September 2019.

Y. Rubithra of II M. H. R. M participated in the Inter University Cross Country Race which was held at Andhra University, Visakapatnam on 10th October 2019.

J. Cathrine Tehila of II M. A. English, B. Maria Jenifa of II B. A. History, E. Jenifer of I B. A. English participated in the South Zone University Foot ball Tournament which was held at Christ University, Bengaluru from 27th October to 1st November 2019.

P. Antony Thanga Sathana of III B. A. Economics, R. Leena Josephine Pearl of II B. A. English, A. Micheal Ebina of II B. A. Economics, T. Veera Santhiya of III B.Sc. Zoology, A. Micheal Selciya of I B. Com participated in the South Zone University Volley ball Tournament which was held at S. R. M. S.University, Chennai from 6th November to 10th November 2019.

N. Everistta of III B. Sc. Maths participated in the South Zone University Badminton Tournament which was held at Manipal University, Karnataka from 2nd December to 4th December 2019.

R.Suba Rani of II M.Com, K. Priya Dharshini of II B. Com participated in the South Zone University Table Tennis Tournament which was held at K. L. University, from 11th December to 14th December 2019.

Y. Rubithra o II M. H. R. M participated in the South Zone University Kho-Kho Tournament which was held at Tamil Nadu Physical Education and Sports University, Chennai from 28th December to 31st December 2019.

INTER COLLEGIATE TOURNAMENTS

Our students participated in the following tournaments

1. The Inter Collegiate Badminton Tournaments - conducted at N. M. C.C. Marthandam on the 13th and 14th of August 2018.
2. The Chess Championship - conducted at M. D. T. Hindu College, Tirunelveli on the 6th and 7th of August 2019.
3. The Cross Country Race – conducted at Thiruvalluvar College Papanasam on 14th August 2019 we secured the III place.
4. The Table Tennis and Kho-Kho Tournament - conducted at Vyasa College Puliyanakudi from the 26th to 28th of August 2019 we blocked the I place and the I Place.



5. The Kabaddi Tournament - conducted at K. G. S. College of Arts and Science, Srivaikundam from the 4th and 6th of September 2019 and clinched the II place.
6. The Swimming Championship - conducted at Anna Stadium Palayamkottai, on the 1st of September 2019 and bagged the II Place.
7. The Football Tournament - conducted at St. Johns College Palayamkottai from the 11th to 13th of September 2019 and stood IV.



8. The Weight Lifting Championship - conducted at T.D.M.N.S. College, Valliyoor, on the 24th September 2019 and bagged the II Place.
9. The Ball Badminton Tournaments - conducted at Sri Parasakthi College, from the 19th to 21th of September 2019 we Participated.

10. The Volley ball Tournament - conducted at V. O. C College, Thoothukudi, on the 3rd to 4th of October 2019 and blocked the I place



The Hand ball Tournament - conducted at St. Alphonsa College Nagercovil from the 10th to 12th of October 2019 we participated.

11. The Hockey Tournament - conducted at Sarah Tuckker College, Tirunelveli from the 17th to 19th of October 2019 and won the III place.

12. Our college holds up the overall shield in the intercollegiate tournaments for the past 28 years.

13. Our college stood II in the 30th Athletic meet held at Anna Stadium, Palayamkottai from the 11th to 13th November 2019 we secured II Place.



*J.Sureka of III B.A.English Secured Silver Medal in 100 mts and 200 mts dash.

* R.Jeya Nisha Sweety of II B.B.A clinched the Silver Medal in 100 mts Hurdles and the Bronze Medal in 400 mts Hurdles.

* D. Karpaga Nandhini of II B.A. Economics bagged the Silver Medal in Heptathalon.

* C. Asha of I B. A. History won the Silver Medal in 5000 mts Run.



* Y. Rubithra of II M. H. R. M. won the Bronze Medal in the Half Marathon



* P. Antony Thanga Sathana of III B. A. Economics secured Bronze Medal in the Heptathalon.

* K. Kanagacalli of III B. A. History clinched the Bronze Medal in the 5 Km Walk.

* A. Micheal Ebina of II B. A. Economics secured Bronze Medal in the Javelin throw.

* K. Carmel Ashika of II B. Com secured Bronze Medal in the Shot Put.

* M. Jenowin of I B. Sc. Zoology secured Bronze Medal in the Hammer Throw

*Our Relay team secured the II place in 4 X 100mts and 4 X 400 mts Relay.



INTER COLLEGIATE WEIGHT LIFTING CHAMPIONS :

K. Kanagavalli of III B.A. History, M.Micheal Princiya of III B. A. Economics T. Jelciya of II B. A Economis, P. Anantha Jothi of I B. Sc. Botany secured Gold Medal in the category of 45, 55, 81,87 Kg. J. Cathrine Tehila of II M. A. English, clinched Silver Medal in the category of 81.Kg.P. Antony Thanga Sathana of III B. A. Economics blocked Bronze Medal in the category of Kg

Our College Blocked II place in the Inter Collegiate Weight Lifting Championship.

INTER COLLEGIATE SWIMMING CHAMPIONSHIP :

K. Kanagavalli of III B.A. History, T. Muthu Jeeva of I B. Sc. Physics, A. Kaveri of I B.A. Economics, K. Sathya Devi of I B.A. History Participated in the 4 X50 mts Relay in the Swimming Championship and clinched the Gold Medal.

Our College secured II place in the Inter Collegiate Swimming Championship Championship

STATE LEVEL TOURNAMENTS :

1. K.Kanagavalli of III B.A.History and T.Jelciya of I B.A.Economics Secured the I place in the State Level Weight Lifting Championship held at Pattukottai on the 28th of September 2019.

2. E. Vijaya Lakshmi of II B. Com, M. Sona of I B. Com, S. Muthamil Selvi of I B. Sc. Botany and A. Mariya Pushpam of I B. A. Economics participated in the State Level Hockey Tournament held at Dr. Ratha Krishnan Stadium, Chennai from 7th to 9th January 2020.

3. P. Anantha Jothi of I B. Sc. Botany participated in the State Level Weight Lifting Championship held at M. S. University Tirunelveli 24th and 25th January 2020.

4. Our Volley ball and Kabaddi participated in the State Level Tournament held at Kongu Engineering College, Erode from 13th to 15th September 2019.

5. M. Mari Gowsalya of I M. A. History, M. Jenovin of I B.Sc. Zoology, K. Suba Chithra of I B.Com participated in the State Level Kabaddi Tournament held at Kelakaluyoor Tirunelveli on 4th February 2020.

6. R. Maria Prasana of II B. A. History, T. Jelciya of II B. A. Economics, G. Santra of II B. A. Economics, Anumalika of I B. A. English (SSC), A. Muthumari of I B. A. History, P. kala Ranjitham of I B. A. Economics, T. Muthamil Selvi of II B. Sc of I Botany, A. Sona I B.Com (SSC) participated in the State Level Hockey Tournament held at S. D.A. T Stadium Trichy 25th to 27th February 2020.

7. . P. Anantha Jothi of I B. Sc. Botany won silver medal in the State Level Weight Lifting Championship held at S. D. R.Higher Secondary School Korampallan 29th February to 1st March 2020.

8. S. Muthamil Selvi of I B. Sc. Botany, M. Jenovin of I B.Sc. Zoology, T. muthu Jeeva I B. Sc. Physics, S. Pavithra Meena of I B. A. History, K. Sathya Devi of I B. A. History, A. Kaveri of I B. A. Economics, B. Maria Jenba of II B. A. History participated in the State Level Weight Lifting Championship held at S. D. R.Higher Secondary School Korampallam from 29th February to 1st March 2020.

9. M. Mari Gowsalya I M. A. History, P. Anantha Jothi of I B. Sc. Botany M. M. Jenovin of I B.Sc. Zoology, L. Murugananthi of I b. Com K. Suba Chithra of I B.Com participated in the State level Kabaddi tournament held at S. D. A. T.Stadium, Madurai

DISTRICT LEVEL TOURNAMENTS :

Our Volley Ball team secured II place in the District Level Volley ball Tournament held at Towns Club, Sawyerpuram on 4th and 5th July 2019.

K. Iswarya of II B.A. Economics secured I place in the Taekwondo held at S. D. A. T Stadium on 11th August 2019.

In the District Level Kho-Kho Tournaments held at Kamaraj College Thoothukudi on 8th and 9th January 2020 we secured II Place.

In the District Level Honourable Chief Minister Trophy Kabaddi and Volley ball Tournaments held at S. D.A. T. Stadium, Thoothukudi on 15th February 2020 we secured II Place.

R. Shobana of I B.Com clinched the Silver Medal in 800mts in the District Level Honourable Chief Minister Athletic Meet held at S. D.A. T. Stadium, Thoothukudi on 16th February 2020

Antony Romeo of I B.Com blocked the Gold Medal in 800mts in the District Level Honourable Chief Minister Athletic Meet held at S. D.A. T. Stadium, Thoothukudi on 16th February 2020



On 9th Feb 2019 we organised Sports Day
in our campus

21.07.2019 Chief Guest State Level Basket Ball Tournament hels at S..D. A.T. Stadium
Thoothukudi

