ST. MARY'S COLLEGE (Autonomous), THOOTHUKUDI. DEPARTMENT OF PHYSICAL EDUCATION 2022-2023

NATIONAL LEVEL TOURNAMENTS:

In the Junior National Kabaddi Championship, which was held in Bihar from 1st to 4th September, 2022. M. Renuga Devi of III B. Com participated.

M. Renuga Devi of III B. Com participated in the Junior Federation National Kabaddi Championship held at Madurai from 2nd January to 4th January 2023.

In the 1st National Silambam Championship, held at Mahalakshmi Vidhya Mandir,

Madurai on 1st and 2nd October 2022 K. Pavithra of II B.A. History clinched the III Place.

In the 78th Junior / Sub Junior Squash Championship, held at Bombay from 15th to 21st October 2022, R. P. Asmitha of I B. Com (SSC) participated.

In the HCL 12th Indian Open Junior Squash Championship, held at New Delhi from 30th January to 3rd February 2023 R. P. Asmitha of I B. Com (SSC) and C. Sneha of II B. A English participated.

OUT STANDING STUDENT:

M. J. Dharshana of II B. Com and V. Subha of III B.A. Economics participated in the South Zone Tennis Tournament, which was held at the Jain University, Bangaluru from 10th November 2022 to 12th November 2022.

M. Renuga Devi of III B. Com and S. Gowsalya of III B.A. History participated in the South Zone Kabaddi Tournament, which was held at the AMET University, Chennai from 20th December to 24th December 2022.

J. Maria Dona of III B.A. Economics, C. Sathiya of III B.A. English, A. Premila of III B.A. History and T. Vijayalakshmi of I B.A. English participated in the South Zone Hockey Tournament, which was held at The Dr. Ambedkar Law University, Chennai from 26th December to 31st December 2022.

P. Antony Thanga Sathana of I MHRM, A. Micheal Selcia of I M. Com and V. Subha of III B.A. Economics participated in the South Zone Volleyball Tournament, which was held at Mahatma Gandhi University, Kerala from 27th December to 31st December 2022.

S. Gowsalya of III B.A. History and M. Priya Varshini of II B. Com participated in the South Zone Football Tournament, which was held at Annamalai University, Chidambaram from 29th December 2022 to 1st January 2023.

K. Suba Chitra of I M. Com and A. Karthika of III B. Sc. Computer Science participated in the South Zone Kho-Kho Tournament, which was held at the Alliance University, Bengaluru from 23rd January 2023 to 26th January 2023.

R. Nivetha of II B. Sc. Computer Science participated in the South Zone Ball Badminton Tournament, which was held at the B. S. Abdur Rahman Crescent Institute of Science and Technology, Chennai from 27th January 2023 to 30th January 2023.

INTER COLLEGIATE TOURNAMENT

Our students participated in the following Tournaments

1.The Inter Collegiate Hockey Tournament – conducted at S.S.D.M college, Kovilpatti on the 19th and 20th of October 2022 and Clinched the II Place.





2. V. Suba clinched II Place in the Inter Collegiate swimming held at Inter National Swimming Pool at Thirunelveli on 29th October 2022.



2.The Inter Collegiate Tennis Tournament – conducted at Sadakathullah Appa College,
 Palayamkottai, on 1st November 2022 and secured the III Place.





3. The Inter Collegiate Table Tennis Tournament - conducted at Sree Devi

Kumari Women's College, Kuzhithurai on 3rd November 2022 and blocked the IV place.



4. Our college blocked the III Place in the Inter Collegiate Kabaddi Tournament held at SAV
College, Vadakkankulam on 5th & 6th November 2022.

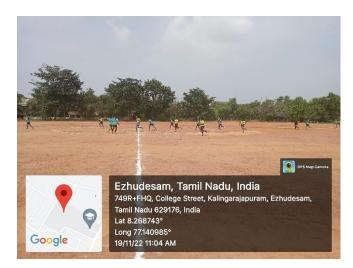




6. Our college stood II in the Inter Collegiate Foot Ball Tournament held at St. Jude's

College, Thoothoor on 19th and 20th November 2022.





7. The Inter Collegiate Volleyball Tournament – conducted at V.O.C. College, Thoothukudi on 25th & 26th November 2022 and held the II Place.



8. We secured the II Place in the Inter Collegiate Weight Lifting Tournament held at T.D.M.N.S. College, T. Kallikulam on 28th & 29th, November 2022.

9. J. Muthu Selvi of II B. Com (S.S.C) clinched the Bronze Medal in the Inter Collegiate 5 Km Walkathon Race which was held at the M. S. University, Tirunelveli.



10. M. Gayathri of II B. Com (S.S.C) clinched the Bronze Medal in Heptathalon in the Inter Collegiate Athletic Meet that was held at Anna Stadium, Palayamkottai on 19th December and 20th December 2022.

11. The Inter Collegiate Kho-Kho Tournament – conducted at St. Mary's College on 6^{th} & 7^{th} January 2023 and secured the IV Place.





STATE LEVEL TOURNAMENTS:

Kongu Trophy :







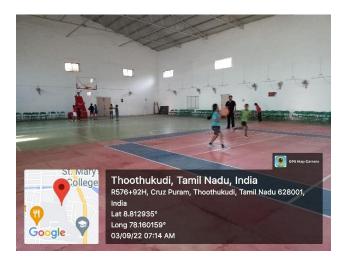
In The State Level Weight Lifting Championship held at Pudukottai on the10th and 11th of December 2022, L. Siva Sundari of II M.A. Economics, M. Jenowin of I M. Sc Zoology, S. Rasima Bhavani of I B.A. Economics, secured the I place , M. Priya Dharshini of III B.A. English secured the III place, A. Premila of III B.A. History secured the IV place.

In The State Level Athletic meet held at Thiruvanamalai from the 18th to 20th of October 2022, A. Karthika of III B. A. Computer Science, J. Muthu Selvi of II B. Com (S.S.C), M. Priya Varshini of II B. Com, R. Ravishini Priya of II B.Sc. Maths Participated in the State Level Junior Athletic meet which was held from 18th to 20th October 2022.

DISTRICT LEVEL BASKET BALL CAMP :

District Level Basket Ball Camp Organised in our college during the academic year 2022-

2023.





DISTRICT LEVEL TOURNAMENTS :

We received the Cash Award for the Honourable Chief Minister Trophy Cash

Award for the academic year 2022 received by our sports personalities on 26th June

2023



Our College Kho-Kho Team clinched the I Place in the District Level tournament which was held at Kamaraj College, Thoothukudi from 21st to 23rd January 2023.

Green Society Awareness walk conducted by Commercial Commerce Association on 12th August 2022 we participated.



Our Ball Badminton team secured III Place in the

District Level Tournament held at Club, Thoothukudi on 21st August 2022.





District Level Squash Tournament



Winners

Fit India Freedom Walk conducted on 13th October 2022.





Get together on 17th September 2022





Sports Day conducted on 18th February 2023



Inter Department Matches :







Overall Trophy for team games received by the Department of English

