

Community Development Programme- 2023 - 2024



Name of the Department: Economics
Name of the Village: Maravanmadam

Date : 26/09/2023

Invitation







ST. MARY'S COLLEGE (AUTONOMOUS), THOOTHUKUDI

(Re-accredited with 'A+' Grade by NAAC (4th Cycle)
AISHE Code: C-41151

(Affiliated to Manonmaniam Sundaranar University, Tirunelveli)
Unnat Bharat Abhiyan / Community Development
Programme

de

Department of Economics

Organises an Awareness Programme on "HEALTHY AND HYGIENIC FOOD"

by

A. Maria Heartina Adlin Vaz
Assistant Professor of Microbiology (SSC)
St. Mary's College (Autonomous), Thoothukudi

Venue: Maravanmadam Date: 26.09.2023 Time 2.00 p.m.

With special blessings from Rev. Dr. Sr. C. Shibana – Secretary Rev. Dr. Sr. Jessie Fernando – Principal

Rev. Dr. Sr. S. Kulandai Therese

(CDP/ UBA Coordinator & Deputy Principal)

Dr. D. Amutha

Dr. D. Rathi

Associate Professor & Head
Department of Economics

CDP / UBA Faculty In- Charge Department of Economics

Volunteers: II B. A. Economics Students

Awareness Programme on "Healthy and Hygienic Food"

Village : Maravanmadam
Panchayat : Maravanmadam
Beneficiaries : 25 People
Date : 26/09/2023



AWARENESS PROGRAMME ON HEALTHY AND HYGIENIC FOOD

Food is one of the basic necessities of life. Hence, the department of Economics has conducted an Awareness Programme on "Healthy and Hygienic Food" on 26.09.2023 in its adopted area Maravanmadam. The programme started with Prayer. The celebration was kicked off with an awareness message by A. Maria Heartina Adlin Vaz, Assistant Professor of Microbiology (SSC), St. Mary's College (Autonomous), Thoothukudi.

Resource person shared her views about our food habits and its importance. She highlighted that the human body needs some specific calorie to maintain our life healthy and active. She advised the village people to keep the kitchen and cooking equipment clean and regularly wash the vegetables and fruits in clean water before using them. She also advised to avoid eating junk food and to prepare healthy and nutrient content food in homes. She advised the villagers to eat the easily available country fruits and foods like Bananas, Dried Grapes, Cereals, Spinach, Dates, Fish which are rich in Fiber, Iron and Omega 3. She insisted that planning our meals in advance will help us make healthier choices and avoid impulse buys. The villagers returned home happily after getting an explanation for their doubts related to healthy food. The day ended in a beautiful resonance lingering in everybody's minds. The entire programme was applauded by everybody present and will always remain etched in the memory of one and all. Dr. D. Rathi, Assistant professor of Economics, staff in -charge of CDP/ UBA and the II B.A. Economics students were actively organised the programme for the village people. 47 students and 25 people from the Maravanmadam were benefitted from the awareness programme.

Paper News:

தூத்துக்குடியில் ஆரோக்கிய உணவு குறித்த விழிப்புணர்வு நிகழ்ச்சி

தூத்துக்குடி, அக். 4: உன்னத் பாரத் அபியான் சமூக மேப்பாட்டுத் திட்டம், தூத்துக்குடி தூய மரி யன்னை கல்லூரி பொருளாதா ரத் துறை 2ஆம் ஆண்டு மாணவி கள் சார்பில், தூத்துக்குடி மறவன் மடத்தில் 'ஆரோக்கியமான, சுகா தாரமான உணவு என்னும் தலைப் பில் கிராம மக்களுக்கான விழிப் புணர்வு நிகழ்ச்சி புதன்கிழமை நடைபெற்றது.

கல் லூரி நுண்ணுயிரியல் துறைப் பேராசிரியர் மரிய ஹார்ட் லின் அட்லின் வாஸ், நார்ச்சத்து
கள், இரும்புச் சத்துக்கள், ஒமேகா
3 ஆகியவை அதிகமுள்ள வாழைப்
பழம், உலர் திராட்சை, தானிய
வகைகள், கீரை வகைகள், பேரீச்
சம்பழம், மீன் போன்றவற்றை
உண்ண வேண்டும், சமையல்
அறை, சமையல் உபகரணங்களை
சுத்தமாக பயன்படுத்த வேண்டும்
என கிராம மக்களுக்கு எடுத்து
ரைத்தார். இதில், பேராசிரியர் ரதி,
துறைத் தலைவர் அமுதா, மாணவி
கள், கிராம மக்கள் பங்கேற்றனர்.

Paper Name: Daily Thanthi Date: 05.10.2023











Invitation









ST. MARY'S COLLEGE (Autonomous)

Re-accredited with 'A+' Grade by NAAC (4" Cycle)
THOOTHUKUDI- 628001, Tamilnadu
AISHE CODE: C-41151

(Affiliated to Manonmaniam Sundaranar University, Tirunelveli)

UNNAT BHARAT ABHIYAN & COMMUNITY
DEVELOPMENT PROGRAMME
DEPARTMENT OF ECONOMICS
Jointly Participate

NATIONAL CLEANLINESS DAY CELEBRATION

(Community Clean -Up)

Funded by
State Institute of Rural Development & Panchayat Raj
(SIRD & PR)

Under Low Cost No Cost Activities

Date: 26.01.2024 Time: 8.00 a.m. –1.00 p.m. Venue: Thambigaimeendan, Maravanmadam

With special wishes from

Rev. Dr. Sr. C. Shibana – Secretary
Rev. Dr. Sr. Jessie Fernando, Principal
Rev. Dr. Sr. S. Kulandai Therese
DP/URA Coordinator & Doputy Principal

(CDP/ UBA Coordinator & Deputy Principal)
Dr. D. Amutha
Dr. D. Rathi

Associate Professor & Head Department of Economics

CDP / UBA Faculty In- Charge Associate Professor of Economics



Active Volunteers: II B. A. Economics Students



Awareness Programme on "NATIONAL CLEANLINESS DAY - COMMUNITY CLEAN UP"

Village : Thambigaimeendan
Panchayat : Maravanmadam
Beneficiaries : Village People
Date : 26/01/2024













NATIONAL CLEANLINESS DAY - COMMUNITY CLEAN UP

National Cleanliness Day in India is celebrated every year on January 30 with the aim of promoting cleanliness and sanitation as a way of life. A community Clean- up Drive was started at 8.00 a.m on 26th January 2024 in Thambigaimeendan village, Maravanmadam by the students of II B.A. Economics to raise awareness about the cleanliness among the village people under the Gram Panchayat Development Programme fundamental theme with the aim of no cost and low cost activities. Garbage bags were bought prior to the clean- up. The papers and plastic waste was collected and disposed by the students. Approximately, 10 - 13 fully packed bags of waste were collected from the village. The collected garbage was disposed of in the large waste bins. Participants actively sorted waste into recyclable and non- recyclable to promoting eco-friendly waste management practices. Forty three (43) students and Dr. D. Rathi, Associate Professor of Economics were actively participated in the community clean up camp. Thambigaimeendan village people were more benefited from this national cleanliness day. Some important instructions gave to the village people about the cleanliness as follows:

- ➤ Stop using plastic in day today life
- > Keep our surrounding clean and maintain hygiene
- ➤ Not to throw garbage in open areas and water bodies
- > Be mindful using the things and recycle them
- > To raise awareness about waste management and the importance of sustainable practices
- > Plantation of trees

All the members of the village, N. Saroja, Ward 1 member, P. Varhees kumar, Ward 2 member, G. Loorthu Gnanasournam, Ward 3 member, P. Rosemanohari, Ward 4 member, S.Gnana Selvarani, Ward 5 member, N. Ponvel, Ward 6 member, E.Enbaraj, Ward 7 member, G. Marjapushpalatha, Ward 8 member, A. Lily Malar, Village Panchayat President, Mr. Sathyaraj, Secretary, Dr. D. Rathi, Assistant Professor of Economics and 43 students from II B.A. Economics, St. Mary's College(Autonomous) were actively participated in the cleaning activity.

Paper News:



Paper Name: Times of India

Online Report Link: Timesstamp News(Online):

https://amravi2011.blogspot.com/2024/01/26012024.html?m=1 Minmini News (Online)

https://minmini.app/news/news/news-251260

Date: 30.01.2024







"GRAM SABHA MEETING"

Village : Thambigaimeendan

Panchayat : Maravanmadam

Beneficiaries : Village People

Date : 26/01/2024



ParticipateNo.ofStudents:43

GRAMSABHAMEETING

The Gram Sabha meeting with the Gram Panchayat Members, Village citizens, Members of non government organisations is conveyed near Thambigaimeendan, Anganwadi Centre of Maravanmadam Panchayat on 26.01.2024 at 11.00 a.m. to discuss on the outcomes of the survey of the village which was discuss on implementation of UBA activities of the Government of India.

Actions taken for the village development in the Gram Sabha:

- Discussion about general finance of Village Panchayat expenditure (01.04.2022-31.12.2023)
- Clean the villageandgovt.officesinthewhole Panchayat.
- Usageofappropriate amount of chlorinated water.
- PlantheVillageDevelopmentSchemeunderPeople'sPlanCampaign.
- Providedrinkingwaterofprescribedqualityinsufficient quantityona longtermbasisof every rural household under Jal Jeevan Movement.
- HealthAwareness(DengueFevercontrolmeasurement)andChildWelfare
- Monitorthepropersupplyofwaterinschools, Anganvadicenters & Public building.
- MahatmaGandhiNationalRuralEmploymentGuaranteeAct(MNREGA)
- CelebrationofLeprosyEradicationDay.
- SpruceLeprosy, ChildMarriageandVoterpledgewastaken.

The Gram Sabha members are asked to give suggestions about solutions to the problems of the village. All the members of the village, N. Saroja, Ward 1 member, P.Varhees kumar, Ward 2 member, G. Loorthu Gnanasournam, Ward 3 member, P. Rosemanohari, Ward 4 member, S.Gnana Selvarani, Ward 5 member, N. Ponvel, Ward 6 member, E.Enbaraj, Ward 7 member, G. Marjapushpalatha, Ward 8 member, A. Lily Malar, Village Panchayat President, Mr. Sathyaraj, Secretary, Dr. D. Rathi, Assistant Professor of Economics and 43 students from II B.A. Economics, St. Mary's College (Autonomous) were actively participated in the Gram Sabha Meeting.

PaperNews:



Date: 30.01.2024

PaperName:Timesof India

On line Report Link: Times stamp News (On line):

https://amravi2011.blogspot.com/2024/01/26012024.html?m=1

MinminiNews(Online)

PHOTOS













Name of the Department: Economics Name of the Village: Thiraviapuram Village,

Maravanmadam

Date : 26/09/2023

Invitation









St. Mary's College (Autonomous), Thoothukudi

(Re-accredited with 'A+' Grade by NAAC) AISHE Code: C-41151 (Affiliated to Manonmaniam Sundaranar University, Tirunelveli)

Under Village Panchayat Development Scheme of Low Cost No Cost Works Unnat Bharat Abhiyan / Community Development **Programme**

> Department of Economics **Jointly Organize** An Awareness talk on

LACK OF CLEAN DRINKING WATER

Time: 11.00P.m - 2.00 P.M.

Venue

R.C. Primary School, Thiraviapuram Village, Maravanmadam

With special blessings from

Date: 28.02.2024

Rev. Dr. Sr. C. Shibana - Secretary Rev. Fr. Stephen Mariadas, Rev. Dr. Sr. Jessie Fernando - Principal **School Correspondent** Rev. Dr. Sr. S. Kulandai Therese A. Lily Malar,

(CDP/ UBA Coordinator & Deputy Principal)

Panchayat President

Dr. D. Amutha

Dr. D. Rathi Associate Professor & Head Associate Professor

Department of Economics

CDP / UBA Faculty In- Charge

Volunteers: II B.A. Economics Students

An Awareness talk on "Lack of Clean Drinking Water"

Village : Thiraviapuram
Panchayat : Maravanmadam

Beneficiaries: 28 People & 62 Students of R.C. Primary

School

Date : 28/ 02/ 2024



Lack of clean drinking water (Health & Nutrition – Awareness Talk)

"Awareness Program on Lack of clean drinking Water" at Thiraviapuram Village, Maravanmadam Panchayat held on 28th February, 2024 Organized by the Department of Economics, St. Mary's College (Autonomous), Thoothukudi. Water is essential for food and energy security. The student community, understand the importance of water conservation. Public awareness of Lack of clean drinking water conservation is necessary to increase knowledge of water resources, water use, and the need to conserve water. For this purpose, an awareness program at the Thiraviapuram Village.

The faculty coordinator for the program was Dr. D. Rathi, Associate Professor of Economics and the student volunteers of II B.A. Economics actively participated in the event. They gave presentation of the different methods of water conservation with special reference to rainwater harvesting, watershed management & water purification especially with chart quotations and drawing. They informed that in India the use of water is 10% for domestic purpose, about 80-85% for agricultural purposes, and about 5% for Industrial purposes therefore the emphasis was on the conservation of water in all the aspects. The camp was arranged at the central place of the village. The students also visited various houses in the village to create awareness about importance & conservation of water.

Growing up in a clean and safe environment is every child's right. Access to clean water, basic toilets and good hygiene practices not only keeps children thriving, but also given them a healthier start in life. Health and education are two catalysts for change to improve the lives of children. On this background, the student volunteers met the R.C. Primary School children with the permission of Rev. Fr. Stephen Mariadas, Correspondent, R.C. Primary School, Thiraviapuram. Drinking water provides a virtuous and systematic response. Promoting and providing access to clean water is a bulwark against the poverty. The main objective of the campaign is to create awareness about safe and clean drinking water and to combat the challenge from polluted drinking water. Ms. Aishwarya of II B.A. Economics explained some of the benefits of drinking purified water and health hazards caused by unpurified water. She also discussed the quality of water based on the pH value and causes of water contamination. Ms. Berlin insisted an awareness among the school children on various aspects of water such as rain water harvesting, water quality, water-borne disease, water saving, water handling, drinking water source augmentation and sustainability aspects. Ms. Rizwana Azim, Ms. Supriya and Ms. Snow Nithitha were created awareness and motivate village people to take affirmative action for protection of drinking water sources, safe

handling of drinking water and rainwater & rooftop water harvesting. The village people were found it very valuable to know the facts and importance of drinking purified water. Village people

and Children were learned more knowledge of every single drop of pure water. 28 People &

62 Students from R.C. Primary School, Thiraviapuram benefited from this

awareness talk.

News Links:

Date: 28.02.2024

Online Report Link: Makkal Daily:

https://www.tutynigalvu.com/An-awareness-program-on-clean-drinking-water-was-organized-by-Thuya-Marianne-College-Autonomous-at-Maravanmadam,-Draviyapuram.-800

https://minmini.app/news/other-news/divp-pp-28022024-11-rc-pdiv-450027

PHOTOS













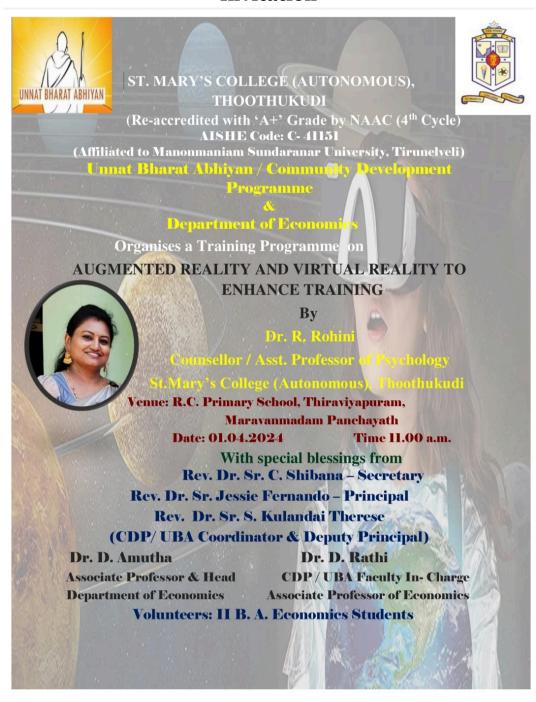


Name of the Department: Economics

Name of the Village: Thiraviyapuram, Maravanmadam Panjayath

Date : 01.04. 2024

Invitation



Training Programme on "AUGMENTED REALITY AND VIRTUAL REALITY TO ENHANCE TRAINING"

Village : Thiraviyapuram Panchayat : Maravanmadam

Beneficiaries : School Children

Date : 01/04/2024



UNNAT BHARAT ABHIYAN & COMMUNITY DEVELOPMENT PROGRAMME DEPARTMENT OF ECONOMICS

Training Programme on Augmented Reality and Virtual Reality

The Departments of Economics, St. Mary's College (Autonomous), Thoothukudi conducted a training programme as a part of the Community Development Programme under SIRD. Mrs. R. Rohini, Counsellor of our college studied the understanding level of the students on Augmented Reality and Virtual Reality to enhance the learning. She introduced the VR headsets to the children and method of learning through it. Every students got to wear VR headsets and shared their experienceof learning through it.

Around 57 children from R.C. Primary School enthusiastically and cheerfully participated and got benefitted in this program. It was organised under the approval of our Principal, Rev. Sr. Dr. Jessie Fernando and our Deputy Principal and CDP/ UBA Coordinator Dr. Sr. S. Kulandai Therese who were also encouraged children to learn new things, Eat healthy and spread compassion. Mrs. Lilly Malar and Mrs. Selvi Prabha, Panchayat leaders honoured the event with their presence and motivated the children. To cheer up the children several games were conducted. The CDP staff in-charge Dr. D. Rathi and the students of the Department took part in this programme.









Figure 3. Ms. Rohini teaching about the Learning through Augmented Reality and Virtual Reality



Figure 4. Children enthusiastically experiencing the Virtual Reality



Figure 5. Children sharing their experience on VR learning with their friends



Figure 6 Rev. Sr. Dr. Jessie Fernando teaching students to Learn more and eat healthy



Figure 7. Rev. Sr. Dr. Kulandai Therese encouraging students to have passion for learning and develop healthy eating habits

Awareness Campaign on PM – Jan Arogya Yojana Scheme

Village : Maravanmadam
Panchayat : Maravanmadam
Beneficiaries : Village People
15/04/2024









St. Mary's College (Autonomous), Thoothukudi

(Re- accredited with 'A+' Grade by NAAC) AISHE Code: C- 41151

(Affiliated to Manonmaniam Sundaranar University, Tirunelveli)

Unnat Bharat Abhiyan / Community Development Programme

Department of Economics
Organizes

Awareness Campaign on PM – Jan Arogya Yojana Scheme

Funded by

State Institute of Rural Development & Panchayat Raj (SIRD & PR)

Under low cost & No cost Activities

Date: 15.04.2024 Time: 10 a.m.

Venue: Maravanmadam

With special blessings from

Rev. Dr. Sr. C. Shibana - Secretary

Rev. Dr. Sr. Jessie Fernando - Principal

Rev. Dr. Sr. S. Kulandai Therese

(Deputy Principal & CDP/ UBA Coordinator)

Dr. D. Amutha Dr. D. Rathi

Associate Professor & Head Associate Professor

Department of Economics CDP / UBA Faculty In- Charge

Volunteers: II B.A. Economics Students







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Thoothukudi, Tamil Nadu, India
AISHE Code: C-41151

UNNAT BHARAT ABHIYAN

Low Cost and No Cost Activitie
Gram Panchayat Development Pl

Funded by
State Institute of Rural Developm
Panchayat Raj

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Department of Econom

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Awareness Campaign on PM – Jan Arogya Yojana Scheme

Department of Economics conducted an awareness campaign on PM- Jan Arogya Yojana Scheme funded by State Institute of Rural Development & Panchayat Raj under Low cost and No cost on 15.04.2024 in adopted area of Maravanmadam, Maravanmadam Panchayat, Thoothukudu District started at 10o'clock morning.

"Ayushman Bharat" is the largest healthcare scheme in the world. It provides an annual coverage of 500,000 rupees to a family for medical treatment in both public and private hospitals in India. This has been communicated to the villagers by the students. The students explained the approximate cost included in services like consultation fees of the doctor, outpatient treatment charges, as well as expenses for OT (Operation Theater) and ICU (Intensive Care Unit). They also discussed the procedures to avail these services, such as how to obtain them and the process involved.

The event was conducted under the guidance and blessings of our Secretary Rev. Dr. Sr. Shibana, Principal Rev. Dr. Sr. Jessie Fernando and Vice Principal & Co-ordinator of Unnath Bharath Abiyan Rev. Dr. Sr. Kulandai Therese.

The second-year students of the Department of Economics, along with the department head, Dr. Amutha, Associate professor and the coordinator of the program Dr. D. Rathi, Unnath Bharath Abiyan, efficiently organized the arrangements for these events. Dr. Radhi also contributed significantly. All village representatives participated enthusiastically, and Associate Professor organised this programme efficiently. The number of people without health insurance was recorded. The event was successfully conducted under the funding scheme of No Cost and Low Cost Scheme.

PHOTOS











News:



கல்லூரி மாணவிகள் விழிப்புணர்வு

தூத்துக்குடி தூய மரியன்னை மகளிர் கல்லூரி பொருளாதார பிரிவை சேர்ந்த மாணவிகள் தூத்துக்குடி அருகே உள்ள மறவன் மடம் கிராமத்தில் கிராம மக்களிடம் மருத்துவ விழிப்புணர்வு நிகழ்ச்சியை நடத்தினர். இதில் ஆயுஷ்மான் பாரத் என்ற மருத்துவத் திட்டத்தின் பயன்கள் பற்றி கிராம மக்கள் இடம் கல்லூரி மாணவிகள் விரிவாக எடுத்துரைத்தனர்,

© 06:20 pm,15th Apr 2024

Awareness Campaign on "SANITATION"

Village : Maravanmadam
Panchayat : Maravanmadam
Beneficiaries : Village People
15/04/2024









Thoothukudi, Tamii Nadu, India Q3CC-270W, Maravanmadam, Thoothukudi, Tamii Nadu 628101, In Lat 8.770047* Long 78.072684* 15/04/24 10-55 AM GMT +05:30





Thoothukudi, Tamil Nadu, India Q3CC+2RW, Maravanmadam, Thoothukudi, Tamil Nadu 628101, Ind Lat 8.770291* Long 78.071957*

Awareness Campaign on "SANITATION"

On 15th April 2024 the department of Economics gave an awareness campaign on 'Sanitation' in the adopted area of Maravanmadam village to the village people. Sanitation in villages is essential for India. It is fundamental for people's livelihoods. They emphasized that a disease-free life and good hygiene are necessary for health. Furthermore, the students provided sanitation guidelines through Pamphlets.

Eating healthy foods, following proper ways to maintain a balanced diet, adopting practices that promote sanitation such as hand washing, methods to reduce air pollution, utilizing clean water, promoting vaccination and regular exercise, were all communicated by the students to raise awareness among villagers. Through this event, over 30 families and numerous women benefited in rural areas.

The event served as a platform for disseminating crucial information and promoting healthy habits among rural communities. Many women gained valuable insights and practical tips for enhancing their overall well-being. This initiative underscores the importance of education and community engagement in addressing public health challenges and fostering positive behavior change. The faculty coordinator for the program was Dr. D. Rathi, Associate Professor of Economics and the student volunteers of II B.A. Economics actively participated in the event. The students also visited various houses in the village and gathered the people in particular place and gave awareness about the benefits of sanitation. This awareness programme funded by Sate Institute of Development Programme – Panchayat Raj (SIDP- PR).

The event conducted under the guidance and blessings of our Secretary Rev. Dr. Sr. Shibana, Principal Rev. Dr. Sr. Jessie Fernando and Vice Principal & Co-ordinator of Unnath Bharath Abiyan Rev. Dr. Sr. Kulandai Therese. The faculty coordinator for the program was Dr. D. Rathi, Associate Professor of Economics and the student volunteers of II B.A. Economics actively participated in the event.

NEWS LINKS:

https://minmini.app/news/other-news/divp-pp-15042024-1030-pdiv-581912

Tamilan TV News: Date: 15. 04. 2024

 $\frac{https://mail.google.com/mail/u/0?ui=2\&ik=6080e50153\&attid=0.1\&permmsgid=msg-a:r-3511916037290045685\&th=18f1024044199db9\&view=att\&disp=inline\&realattid=18f10237a52\\90de98591$



PHOTOS

